Table of Contents

| | Acknowledgements |
|----|--|
| | Introduction |
| | A quick note about male and female |
| | Chapter 1: Understanding how dogs think |
| | Chapter 2: Expanding the den |
| | Chapter 3: Should you use a crate? Pros, cons, and how-to |
| | Chapter 4: What if my dog carries on in the crate? |
| | Chapter 5: Getting started; checklist of supplies needed |
| | Chapter 6: Paper training |
| | Chapter 7: Special section on indoor house training for the disabled |
| me | Chapter 8: What to do if you've already been paper training your dog or using any other thod |
| | Chapter 9: Designated bathroom area; reasons, consistency, selecting a spot, & upkeep |
| | Chapter 10: Choosing and using a trigger phrase |
| | Chapter 11: Your mindset |
| | Chapter 12: Special section for older dogs |
| | Chapter 13: Your pet's food and water schedule |
| | Chapter 14: Supervision; perhaps the most important aspect of housebreaking |
| | Chapter 15: Exercise and its role in housebreaking |
| | Chapter 16: Spaying & neutering |
| | Chapter 17: Obedience makes a huge difference |
| | Chapter 18: Praise & correction |
| | Chapter 19: What to do if your dog had an accident and you didn't catch him in the act |
| | Chapter 20: Cleaning up after an accident |
| | Chapter 21: Free time |
| | Chapter 22: Thorough house training is a 3-step process |
| | Chapter 23: Housebreaking guidelines summary |

- **Chapter 24: Your personal household schedule**
- **Chapter 25: Housebreaking chart**
- **Chapter 26: Analyzing your Housebreaking Chart**
- **Chapter 27: Introduction to preventing and solving problems**
- **Chapter 28: My dog is having accidents in the crate!**
- Chapter 29: My dog doesn't seem to realize what he's supposed to do in the designated bathroom area! (Or, he's partial to a different spot.)
 - Chapter 30: My dog only has accidents in a certain spot!
- Chapter 31: My dog occasionally urinates on my bed! (Or other completely inappropriate place.)
- Chapter 32: I walk my dog for an hour, he won't go, & then has an accident as soon as we return indoors!
 - Chapter 33: My dog refuses to go outside in the rain (or cold, heat, wind, or whatever)!
 - **Chapter 34: Leg lifting or territorial marking indoors**
 - **Chapter 35: Submissive or excitement urinating**
- Chapter 36: When you and your pet move to a different home (also: vacationing with your pet or visiting other people's homes)
 - Chapter 37: House training and the rescued dog
 - **Chapter 38: Introduction to the final stretch**
 - Chapter 39: Don't get a false sense of security
 - **Chapter 40: Building up to free run of the house**
 - Chapter 41: Teaching your dog to use the designated area on his own
 - Chapter 42: Teaching your dog to signal when he needs to go out
 - Chapter 43: You're on your own!
 - About the author
 - **Additional resources**